



Lighthouse Center for Consciousness Studies

Training ❖ Coaching ❖ Hypnotherapy ❖ Neurolinguistic Programming

2018 NLP Practitioner Training Program

Program Description

Neurolinguistic Programming (NLP) has often been described as the art and science of human excellence through the study of subjective experience. NLP studies patterns of excellence and exceptional performance to discover what works well and how one can model that performance to produce similar results? The NLP Practitioner training program offers you the opportunity to discover how to make positive changes in the way you think, feel, act and the results you produce in the world. You will also learn how to facilitate positive changes in the lives of others both personally and professionally. You will learn how to be more effective at achieving your outcomes while enjoying high quality communication and relationships along the way.

NLP provides tools and skills for the development of states of individual excellence, but it also establishes a system of empowering beliefs and presuppositions about what human beings are, what communication is and what the process of change is all about. At another level, NLP is about self-discovery, exploring identity and mission. It also provides a framework for understanding and relating to the 'spiritual' part of human experience that reaches beyond us as individuals to our family, community and global systems. NLP is not only about competence and excellence, it is about wisdom and vision.

The NLP Practitioner training program is ideal for professionals who want to increase their personal effectiveness, communication skills and leadership skills. For change-workers such as counselors, therapists, energy workers, body workers, etc. NLP is an ideal set of models and skill sets to enhance and enrich the methods you're already using. And for individuals who are interested in personal growth and transformation, there will be many opportunities to transform limitations into sources of strength, wisdom and resilience.

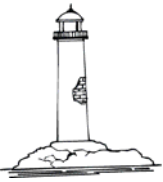
General Logistics

Timeframes

The program is about 150 hours of in-class training. We will meet about 12 hours per month for approximately 1 year. Classes will generally be held on Saturday or Sunday from 9:00 a.m. – 5:00 p.m. Classes will begin Saturday, March 10, 2018 and generally meet the 1st or 2nd Saturday of each month.

Location

Sacred Space Spiritual Center
2111 Front St NE, Salem, OR 97301



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Content Overview

Section 1 – Foundational Skills and Concepts

- Program overview, presuppositions and guidelines.
- Presuppositions of NLP
- Rapport Skills
- Representational Systems
- Sensory Acuity Skills

Section 2 – Establishing Well-Formed Outcomes

- Well-Formed Outcome Questions
- Meta-Outcome Questions
- NLP Change Formula: Present State + Resources = Desired State
- SCORE Model
- Neurological Levels of Change

Section 3 – The Power of State

- Accessing Resource States
- Anchoring States
- Anchor Integration Process
- Circle of Excellence Process
- Perspective Skills

Section 4 – Framing, Reframing and Appreciative Coaching

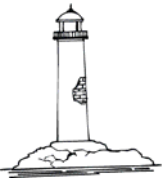
- Appreciative Coaching and NLP
- Framing and Reframing
- Six Step Reframing
- Pre and Post Framing
- Sleight of Mouth Patterns

Section 5 – Therapeutic Metaphors: The Transformational Power of Story Telling

- The Structure of Metaphors
- Metaphoric Pacing and Leading
- Life Metaphors
- Therapeutic Metaphors
- Multiple Embedded Metaphors

Section 6 – The Professional Strategies of Persuasion and Influence

- Ecological Change and Considerations
- Conflict Integration
- Neurological Level Alignment Process



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- Psychological Principles and Strategies of Persuasion and Influence
- Working with Values and Criteria

Section 7 – Communication Styles – Credibility and Approachability

- Communication Styles – Direct, Indirect, Task and Relationship
- Verbal Pacing and Leading
- Hypnotic Communication Skills
- Milton Model Language Patterns
- Process Induction Methods

Section 8 – Transforming Limiting Beliefs

- Neurological Levels of Change
- Working with Beliefs and Belief Systems
- Identifying Limiting Beliefs
- Natural Belief Change Process
- Belief Chaining

Section 9 – Working with Submodalities of Thought

- Submodality Interventions
- Phobia & Trauma Process
- Swish Pattern
- Mapping Across
- Godiva Chocolate Pattern for Motivation

Section 10 – Strategies

- Strategy Detection, Elicitation and Installation
- Decision Strategies
- Motivation Strategies
- Creativity Strategies
- Basic Behavioral Modeling

Section 11 – Transformational Processes

- Psychogeography
- New Behavior Generator Process
- Counter Example Process
- Change Personal History Process
- Reimprinting Process

Section 12 - Business and Program Development

- NLP Coaching and Consulting as a Private Practice
- Mission, Vision and Values Development
- Coaching and Business Models
- Custom Program Development



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Program Tuition

Total Tuition for the NLP Practitioner training program is \$2000. We offer the following discounts and payment options:

- Tuition paid in full** prior to first class – Tuition = \$1800 (\$200 discount)
- Tuition paid quarterly** – Tuition is \$475 per quarter. Total tuition = \$1900 (\$100 discount)
- Tuition paid monthly** – Tuition is \$167 per month. Total tuition = \$2000.

We can accept cash, check, credit/debit card and Paypal payment methods.

If you would like more information about the NLP Practitioner training program, please contact:

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larry@lightstudies.org

Instructor Information

Larry Dillenbeck, Director
Lighthouse Center for Consciousness Studies

Certified Clinical Hypnotherapist
Certified Hypnotherapy Instructor and Examiner
NLP Master Practitioner and Trainer
NLP Health Practitioner
Personal and Professional Coach
Trainer, Presenter & Consultant

Larry has a 30-year background in training, consulting, coaching and organizational development. He has offered training, coaching, consulting and presentations for 70+ organizations in the United States and Mexico.